



#YHFSummit @WePublicHealth

Sep 15, 2021 • 31 tweets • [WePublicHealth/status/1437989393688498182](https://twitter.com/WePublicHealth/status/1437989393688498182)



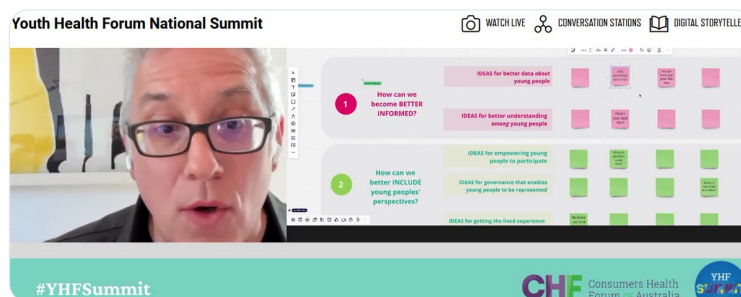
'Developing ideas for the future': session being led now at [#YHFSummit](#) by [@jahintanvir](#) and strategist [@andrewhollo](#) - thanks Jahin for featuring in our [@CroakeyNews](#) preview



[#YHFSummit](#)

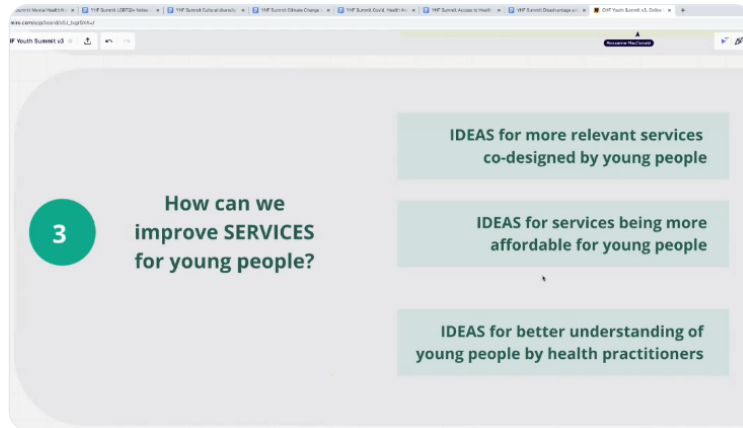


Mapping ideas [#YHFSummit](#)



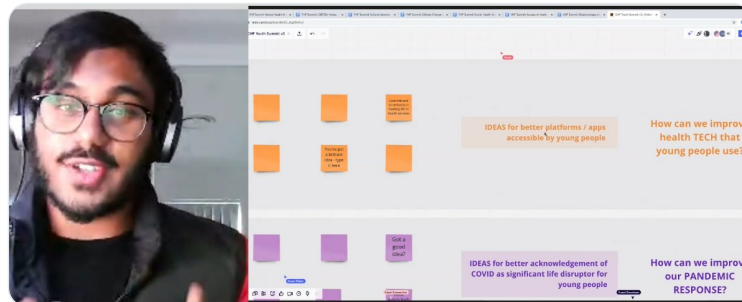
Some key themes emerging from [#YHFSummit](#) this morning

1. We need to be better informed: that means better data about young people, better understanding among young people about health concerns/conditions/solutions
2. Young people need to be better included: that's about governance, advocacy, lived experience.
3. Services (design, delivery, access, health practitioner behaviour) [#YHFSummit](#)



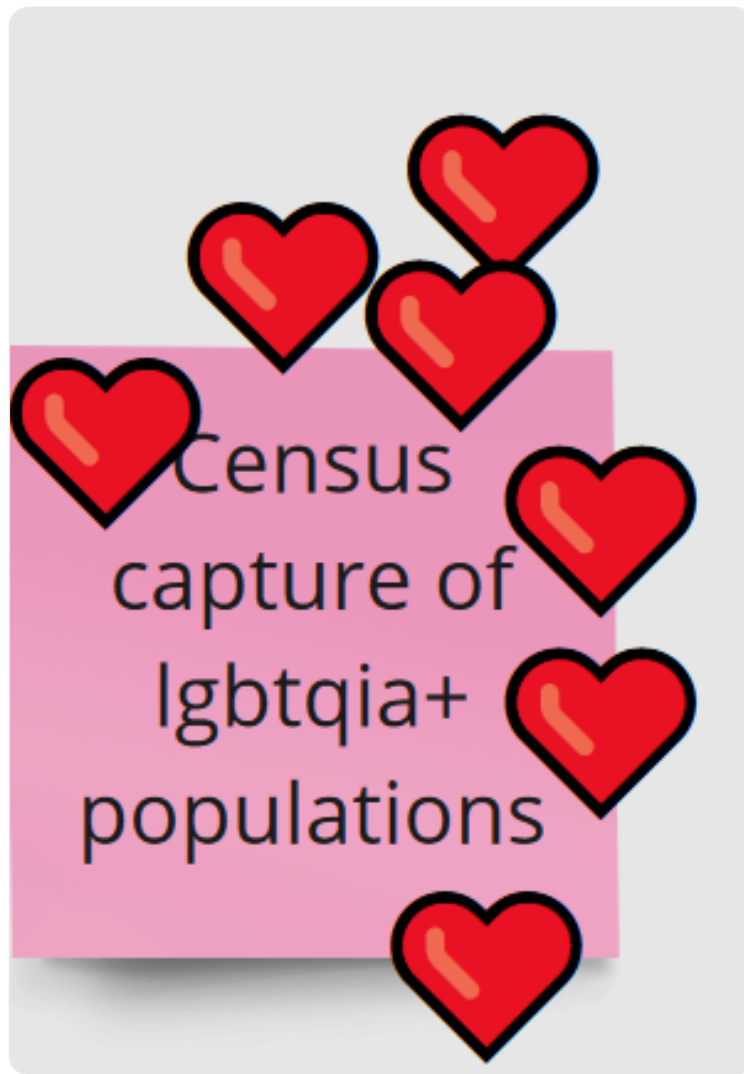
4. Better technology navigation/access, how can technology better enable lived experience too

[#YHFSummit](#)



5. COVID - how better acknowledge in health system that COVID is a major, disproportionate disruptor in the lives of young people? "Loss, grief, restrictions, missed opportunities...real sense you can't earn this time back" [#YHFSummit](#)

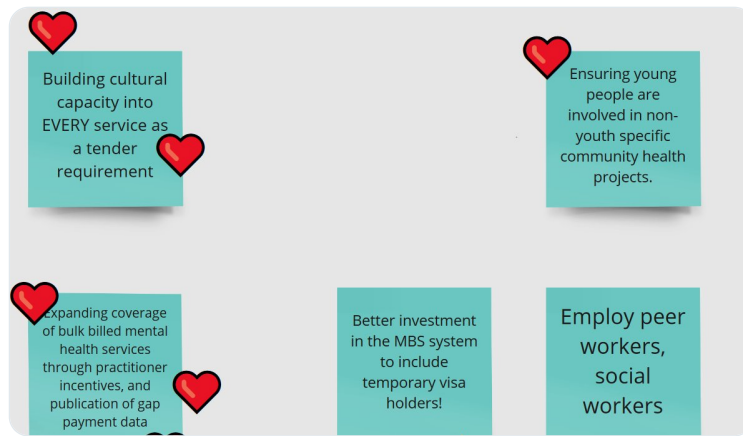
Strong message to [@CensusAustralia](#) from [#YHFSummit](#) ideas session



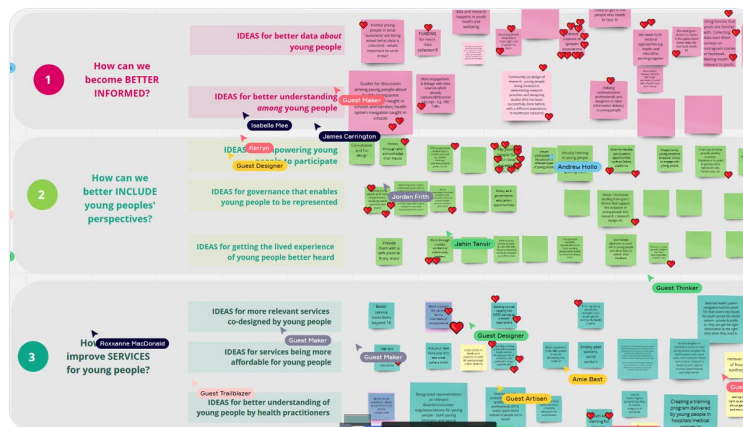
Governance [#YHFSummit](#)



[#YHFSummit](#)



[#YHFSummit](#) ideas session being led by [@jahintanvir](#) [@andrewhollo](#)
[#stickynotesgalore](#)



Need to actively canvass places for young people to be heard; and training so, when they bring ideas, they understand the governance/advocacy/processes that enable them to do so most powerfully [#YHFSummit](#) [#ideas](#) AND, see lovehearts, pay them!



"Build cultural competence into every tender as a requirement."

"Lived experience ought to be part of all practitioner training"

[#YHFSummit](#)

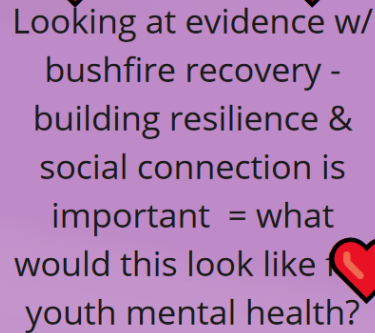
Practical suggestions coming through re funding, partic out of pocket/gap payments so young people know what's available at what cost.

Transport issues being raised particularly for rural, regional areas.

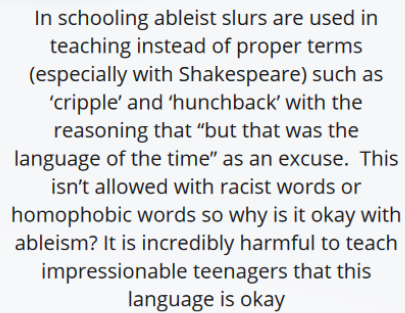
Services need to be 'safe spaces' (incl use of nature)

[#YHFSummit](#)

[#YHFSummit](#) [#ideas](#) [#mapping](#)

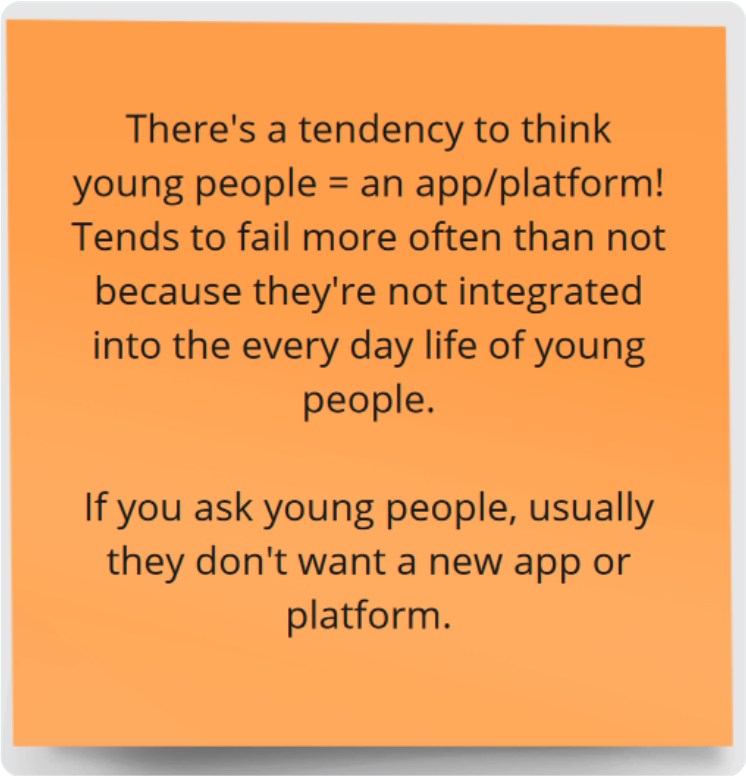


Looking at evidence w/
bushfire recovery -
building resilience &
social connection is
important = what
would this look like
youth mental health?



In schooling ableist slurs are used in
teaching instead of proper terms
(especially with Shakespeare) such as
'cripple' and 'hunchback' with the
reasoning that "but that was the
language of the time" as an excuse. This
isn't allowed with racist words or
homophobic words so why is it okay with
ableism? It is incredibly harmful to teach
impressionable teenagers that this
language is okay

[#YHFSummit](#) [#ideas](#) (also listen to young people when you ask for their feedback on
technology)



There's a tendency to think
young people = an app/platform!
Tends to fail more often than not
because they're not integrated
into the every day life of young
people.

If you ask young people, usually
they don't want a new app or
platform.

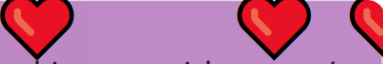
Much love here at [#YHFSummit](#) for a better [#NDIS](#)





One close to the hearts for us at [@CroakeyNews](#) [@MelissaSweetDr](#) [@lindadoherty21](#)
[#PIJMatters](#) [#media](#) [#YHFSummit](#)



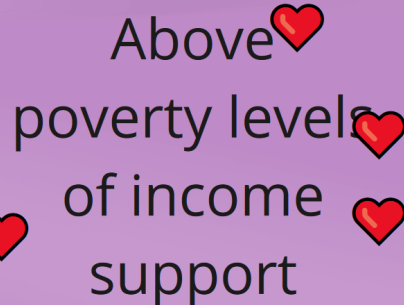
Ideas for better acknowledgement of COVID as life disruptor for young people
[#YHFSummit](#) [#SDOH](#)



Looking at evidence w/
bushfire recovery -
building resilience &
social connection is
important = what
would this look like for
youth mental health?



advocate as a group on making
changes to inequities that COVID
has highlighted
- universal income
- casualisation of work
- de-valuing of early childhood
education, teaching, aged care
and other 'essential services'
that aren't highly paid



Above
poverty levels
of income
support

[#YHFSummit](#) feedback

"It feels like we spend a lot of time teaching and training young people to be acceptable to the status quo - I wonder if we're investing as much energy in shifting those systems."

"I found it took a long time to figure out that I wasn't 'supposed' to act a certain way to be professional, because no one said otherwise." [#YHFSummit](#)

"And it's worth being critical about who 'professionalism' serves and its roots in white supremacy etc. I love that young people keep showing us different ways to engage."

[#YHFSummit](#)

"Looking at the upstream interventions that will help young people transition to a 'new normal'."

[@andrewhollo](#) says every generation has its own event, the pandemic is one.

Reads out call for a road map for young people "to be able to reclaim lost opportunity".

[#YHFSummit](#)

Very strong focus at [#YHFSummit](#) on SDOH in pandemic responses, particularly income support (some have benefited, some have lost), devaluing of 'essential'

services (which generally lower earning)

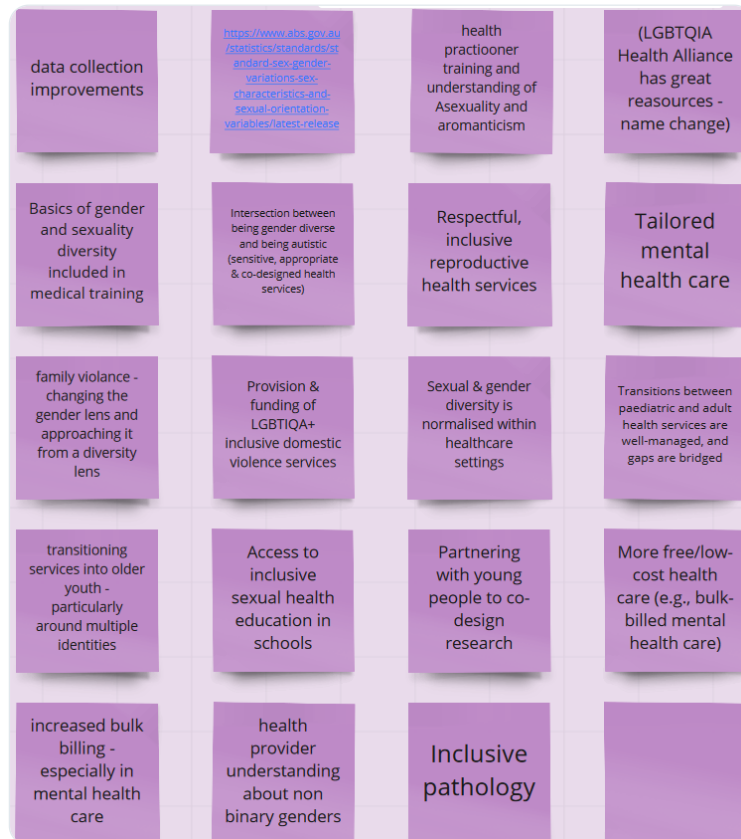
"Lived experience needs to be embedded in every aspect of the health system."

"More funding for preventive health."

"Carbon tax, removal of capital gain tax exemptions..."

More ideas from [#YHFSummit](#)

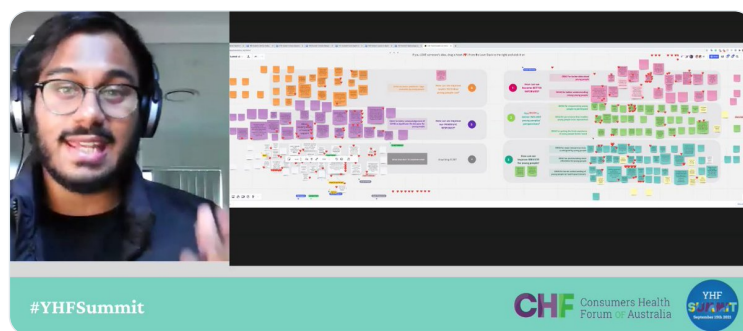
What would you like to see in 20 years? [#YHFSummit](#)



[#LGBTIQ+](#) priorities..... [#YHFSummit](#)



All these ideas are going to be distilled and shaped for final session by [@jahintanvir](#) [@andrewhollo](#) [#YHFSummit](#)



Back now to [@LeanneWells63](#) ahead of brief break, thanks [#YHFSummit](#) for rich ideas so far today...which will led to key themes and key policy asks to frame [@YouthHealthFor1](#) [@CHFofAustralia](#) advocacy



Agrees with [@jahintanvir](#) on need to be solutions focused, and participant comment, 'should we be thinking about young people, supporting them to be health 'creators', not health 'consumers'.'" [#YHFSummit](#)

plz unroll [@threadreaderapp](#)

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