



#YHFSummit @WePublicHealth

Sep 14, 2021 · 34 tweets · [WePublicHealth/status/1437909720946278401](#)



[#YHFSummit](#) is set to begin, with an opening session facilitated by [@roxxmacdonald](#) and Luke Catania, national coordinator [@YouthHealthFor1](#). Check out the program here:



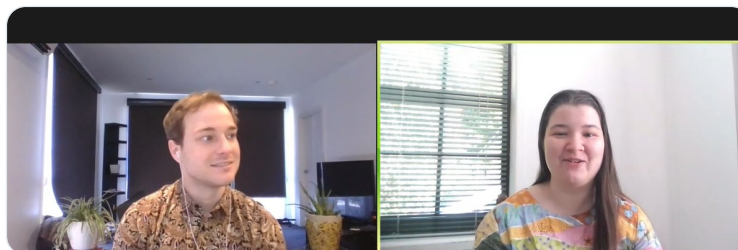
YHF Summit 2021

<http://www.yhfnationalsummit.com/ehome/index.php?eventid=...>

[#oh](#)



And we're off [#YHFSummit](#), with Luke and [@roxxmacdonald](#)



Acknowledgement of Country ceremony from the fabulous Kari Singers
[#YHFSummit](#)



[#YHFSummit](#) [#Treaty](#) [#KariSingers](#)



Acknowledgement also at [#YHFSummit](#) from [@roxxmacdonald](#) of the enduring toll of colonisation on the health of Aboriginal and Torres Strait Islander people (I'm tweeting from the traditional lands of the Wurundjeri people of the Kulin nations, in Melbourne/Naarm)



"We all know that COVID has hit young people the hardest," says [@roxxmacdonald](#) talking about the toll on rites of passage, transitions, mental health, employment, housing of the pandemic [#YHFSummit](#).

Young people will continue to experience the impacts of COVID past the final lockdown and with the climate crisis: [@roxxmacdonald](#)

Are looking for strong systems, policies, infrastructure and to be counted as leaders, decision makers and "experts in our own right" [#YHFSummit](#)



Shout out from [@YouthHealthFori](#)'s Luke Catania for this report [#YHFSummit](#)
<https://chf.org.au/publications/life-transitions-and-youth-pathways-health-services>

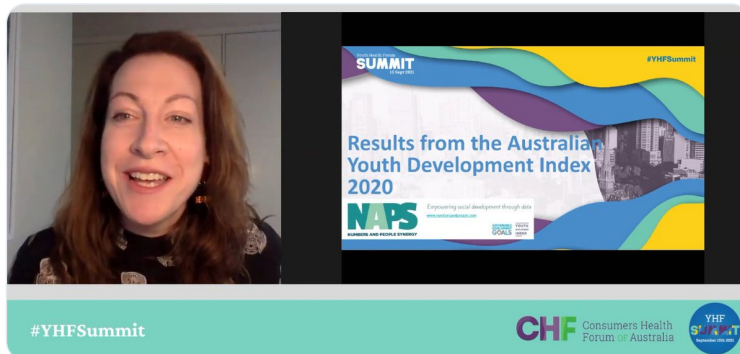
Katie Acheson and [@NAPS_Gem](#) are next up, presenting on the Australian Youth Development Index 2020: what it tells us about the state of youth health and wellbeing [#YHFSummit](#)
https://static1.squarespace.com/static/59a41c62d482e956a14e02a1/t/6052f2f539c03420a9b247d5/1616048998923/AYDI2020_web.pdf

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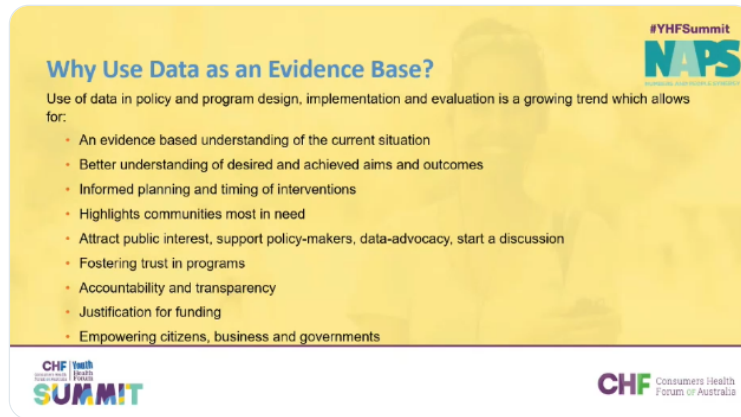
The Australian Youth Development Index 2020: What it Tells us About the State of Youth Health and Wellbeing: *Katie Acheson and Gemma Wood, Numbers and People Synergy (NAPS)*

The Australian Youth Development Index (AYDI) 2020 is an instrument that highlights progress in youth development in Australia and its jurisdictions. The project was funded by the Department of Health, on behalf of Senator, the Hon Richard Colbeck, Minister for Youth and Sport to contribute to the National Youth Taskforce's work in the design and implementation of youth policies. NAPS partnered with the Australian Youth Affairs Coalition (AYAC), the Australian non-government national youth affairs peak body, and jurisdictional peak bodies to develop the 2nd AYDI. This project included multiple youth consultations in each jurisdiction to ensure youth voice is present throughout the design and construction of the AYDI.

Hearing about the move globally to develop data on young people, you can see also the Global Youth Development index [...development-index.thecommonwealth.org](http://development-index.thecommonwealth.org)
[#YHFSummit](#)

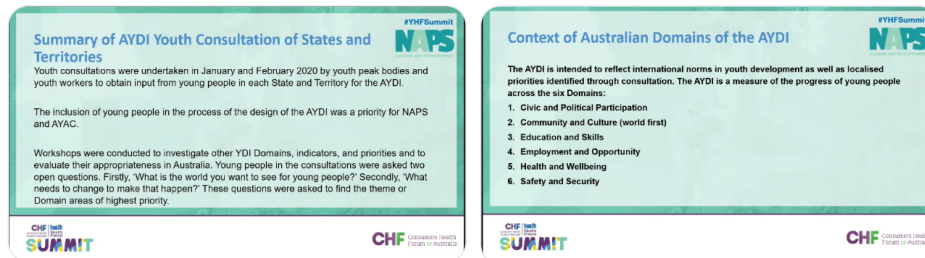


"We try to say what is going on, not why it's going on," cautions [@NAPS_Gem](#)



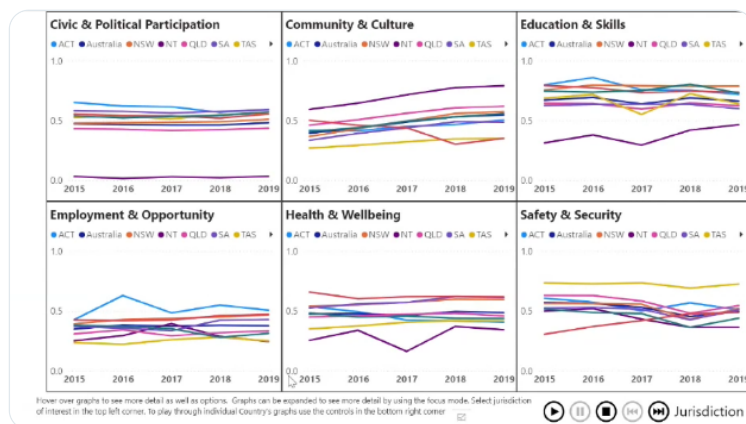
Australia doesn't do well on the global index, because we do poorly on drug use, alcohol abuse and mental health, says [@NAPS_Gem](#) [#YHFSummit](#)

The Australian Youth Development Index 2020 sought to consult widely with young people, on issues of importance, for example 'community and culture' domain was emphasised as critical by Aboriginal and Torres Strait Islander young people [#YHFSummit](#)



Here's the link to the Index being discussed at [#YHFSummit](#)
numbersandpeople.com/aydi2020

. [@NAPS_Gem](#) talking us through the Index dashboard, how for example people working in health in states and territories can see how they and others are tracking in the domains [#YHFSummit](#)

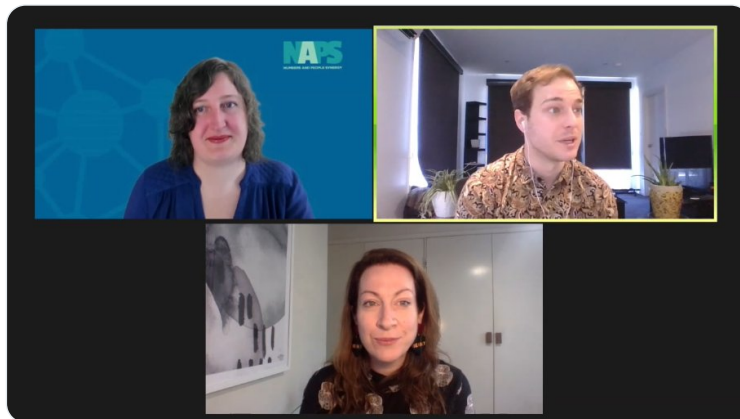


Index is super important for advocacy but we don't have the data sets we'd love to have that reflects the lived experience of young people, says [@ktacheson](#) [#YHFSummit](#)



"This is the starting point, not the end point," says [@NAPS_Gem](#) of the Index, urges people to reach out to other data sets, advocacy groups etc.

In terms of getting new data, could start by "stopping slashing funds of [@ABSStats](#)" [#YHFSummit](#)



"Get a statistician or survey person to look over your questions," recommends [@NAPS_Gem](#).

Also, says [@ktacheson](#), important to strengthen data gathering/analysis capacity of orgs which are trusted by young people, have finger on the pulse etc. Encourage all to share.

[#YHFSummit](#)

Next [#YHFSummit](#) session: Setting the scene, setting the agenda: 7 round tables on: mental health, LGBTIQ+ health, cultural diversity and health promotion, climate change and health, COVID, health and young people, access and disadvantage in health



Am in the [#LGBTIQ+](#) session at [#YHFSummit](#) being led by Georgia Gardner, who says today's discussions are looking to explore/propose real solutions.



"A lot less inappropriate curiosity from health care professionals" is a priority raised in the [#LGBTIQ+](#) session, with a note it applies to so many other groups, incl disability, Indigenous health etc.

Also disrupt the assumption of heteronormativity. [#YHFSummit](#)

A shout out for "world leading" [@ACONhealth](#) trans hub



TransHub

TransHub is an ACON resource for all trans people in NSW, our loved ones, allies and health providers. Find out about social, medical and legal gender affirmation, taking care of our health as trans ...

<https://www.transhub.org.au/>

[#YHFSummit](#)

Participant talking about little awareness in health about asexuality, also subject to inappropriate curiosity. "Need basic respect, understanding, acknowledgement"

[#YHFSummit](#)

In cultural diversity session: "Have been on consultations that have been tokenistic, misrepresented our words, eroded trust: make sure you include the whole picture not random sentences". (Conscious I've just done same, popping in to [#YHFSummit](#) session!)

Real worry with the power balance too often involved in codesign, as if "doing participants a favour" by including [#YHFSummit](#)

Concern still at failures to relinquish power and to acknowledge the structures that reinforce that. Hoping the pandemic is leading to more understanding of need to engage with diverse communities, but let's swap 'consultation' for 'meaningful, genuine partnership'. [#YHFSummit](#)

Interesting here at [#YHFSummit](#) re how going into aged care can be stigmatised in many communities, also failures in cultural competency, where facilities don't respect traditions, foods, other critical parts of care - they need to realise difference and the power they hold,

Too often cultural competence is "just another thing I have to learn": needs to be intentional, especially when dealing with different ages/intersections. [#YHFSummit](#)

Hearing re frustrations at lack of acknowledgement of racial disparities in play with Sydney lockdown [#TaleofTwoCities](#) [#YHFSummit](#)

[#YHFSummit](#) participant is talking about the ongoing need for many young people to advocate for parents, want to be at a place where 'oh we need to translate those materials' is not a conversation anymore

Some of the issues raised at [#YHFSummit](#) cultural diversity session: Failures in COVID-19/vax rollout, mistrust in health system, racism, importance of cultural competency (workers/system), importance of lived exp/intersectionality, need to advocate for international students...

"A future where we are all represented." Summing up at the [#YHFSummit](#) cultural diversity session: CALD communities should not be an afterthought, forced to react to policies/issues/pandemics etc.

plz unroll [@threadreaderapp](#)

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