

Key recommendations

The Commission makes seven recommendations for achieving lasting and impactful change to control the gambling industry and prioritise public health over economic revenues:

For governments



- Governments should prioritise protecting public health over competing economic motivations when setting policy
- In all countries—irrespective of whether gambling is legally permitted—effective gambling regulation is needed
- Jurisdictions that permit gambling need a well resourced, independent, and adequately empowered regulator
- Gambling-related policy, regulation, treatment, and research must be protected from the distortionary effects of commercial influence; we advocate for a rapid transition away from industry-funded research and treatment, coupled with and enabled by increased levels of investment from independent sources

For civil society and intergovernmental organisations



- At the international level, UN entities, such as WHO, and intergovernmental organisations should incorporate a focus on gambling harms into their strategies and workplans for improving health and wellbeing broadly
- There is a need to develop an international alliance—including civil society, people with lived experience of harms related to gambling, researchers, and professional organisations—to provide thought leadership, advocacy, and convening of interested parties
- This Commission recommends the instigation of the process to adopt a World Health Assembly resolution on the public health dimensions of gambling

Read the full *Lancet Public Health* Commission report for more details

The *Lancet Public Health* Commission on Gambling. *The Lancet Public Health* 2024. Published online October 24.
www.thelancet.com/commissions/gambling